



# Getting ready for your physical exam:

## What to bring

### Form of picture ID (choose 1 option)

- Driver's license
- Passport
- School ID
- Any other picture ID you may have

### Health insurance card (choose 1 option)

- Original card
- Paper copy of the card
- Electronic copy of the card (such as a picture on your phone)

### Payment to cover co-pay or entire visit, if self-pay (choose 1 option)

- Cash
- Credit/Debit
- Check (made out to Lisa Kim Medical Associates)

### List of medications (choose 1 option)

- All of your pill bottles and medication containers
- Your personal list
- List provided by your pharmacy

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Please also come prepared with knowledge of your **medical family history**, including:

- Causes of death of immediate relatives
- If any relatives have any significant medical conditions such as diabetes, hypertension, cancer, high cholesterol, etc.
- Any hereditary conditions

Expect to spend about **30 minutes** in the office for urgent or follow-up visits.  
Expect to spend about **45-60 minutes** in the office for physical exams or new patient visits.